







Wellness Solutions

Providing confidential support & well-being resources

TAYLOR

Learn more: employees.taylor.com



Resources & Education	Employee Assistance Program	Dedicated Nurses	Federal & State Plans	Addiction Support	Personalized Coaching	Virtual Exercise Therapy
<p>General health and wellness resources – fitness challenges and more.</p> <p>Administrator of wellness program, screenings to earn plan discounts</p> <p>wellworksforyoulogin.com Download the app 800.425.4657</p> 	<p>Confidential assistance for personal financial, legal, work/life balance and relationships.</p> <p>Support available 24/7 (includes family members)</p> <p>guidanceresources.com Username: LFGSupport Password: LFGSupport1 866.682.6047</p> 	<p>Support program to help navigate the complicated healthcare system, and provide guidance with medical challenges, and access to resources.</p> <p>taylorlna@lockton.com 833.782.7403</p>	<p>Guidance on federal and state benefits</p> <ul style="list-style-type: none"> • Medicare/Medicaid • Social Security, survivor benefits • Disability • COBRA alternatives <p>Available to household members</p> <p>employees.fedlogicgroup.com/ (code: taylo21) 877.837.419</p> 	<p>Confidential support and advocacy group dedicated to those struggling with addiction and substance abuse.</p> <p>justfive.org/taylor</p>	<p>Coaches and therapists help manage chronic health conditions – diabetes, high blood pressure, mental health, obesity, and more.</p> <p>Available to adult dependents</p> <p>vida.com/Taylor Download the app</p> 	<p>Personalized therapy and exercise care plans in a digital environment to manage joint and muscle pain, lessen injury recovery and pre-surgery support.</p> <p>hingehealth.com/for/taylor Download the app</p> <p>help@hingehealth.com 855.902.2777</p>

For all benefit eligible employees

Taylor medical plan members